



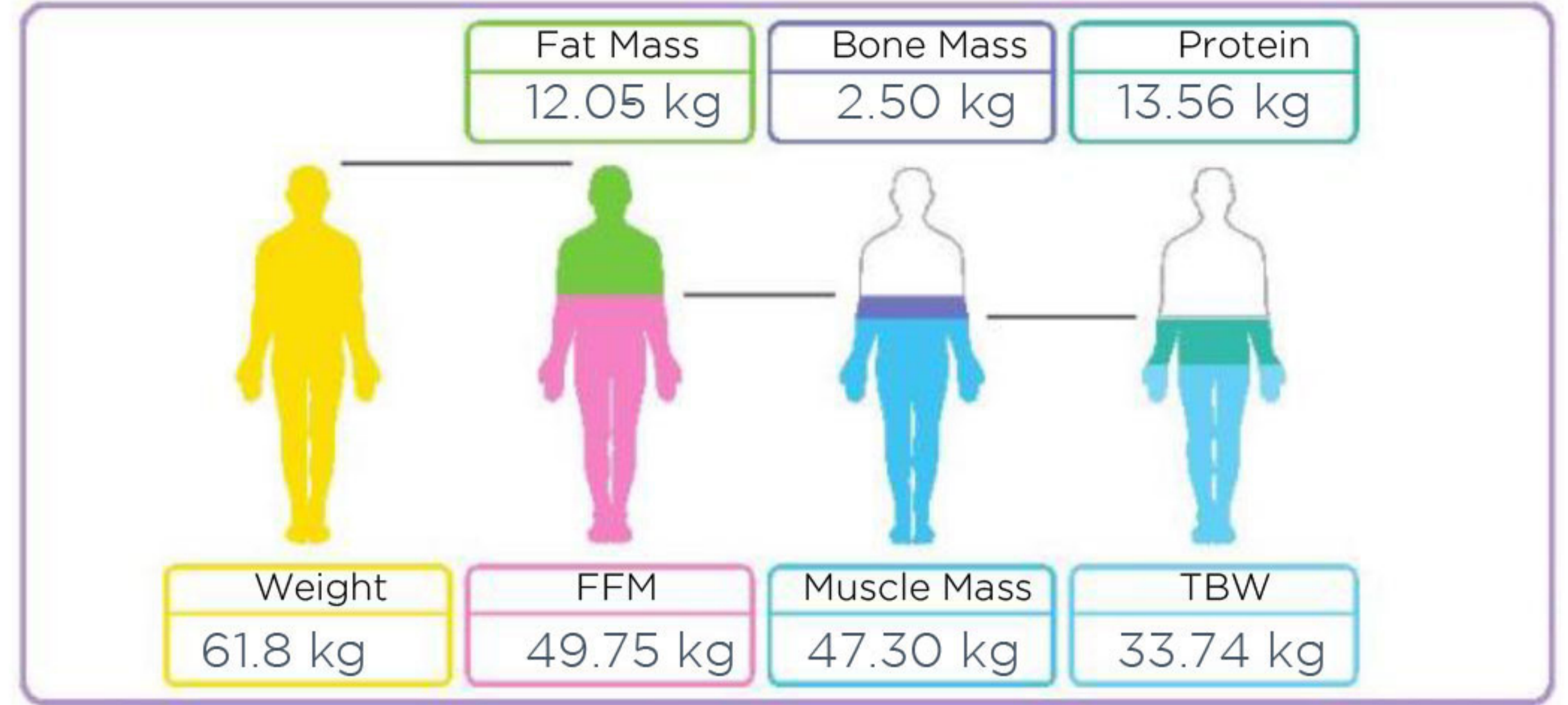
Body Composition Analyzer

Date 24/1/2023 06:52

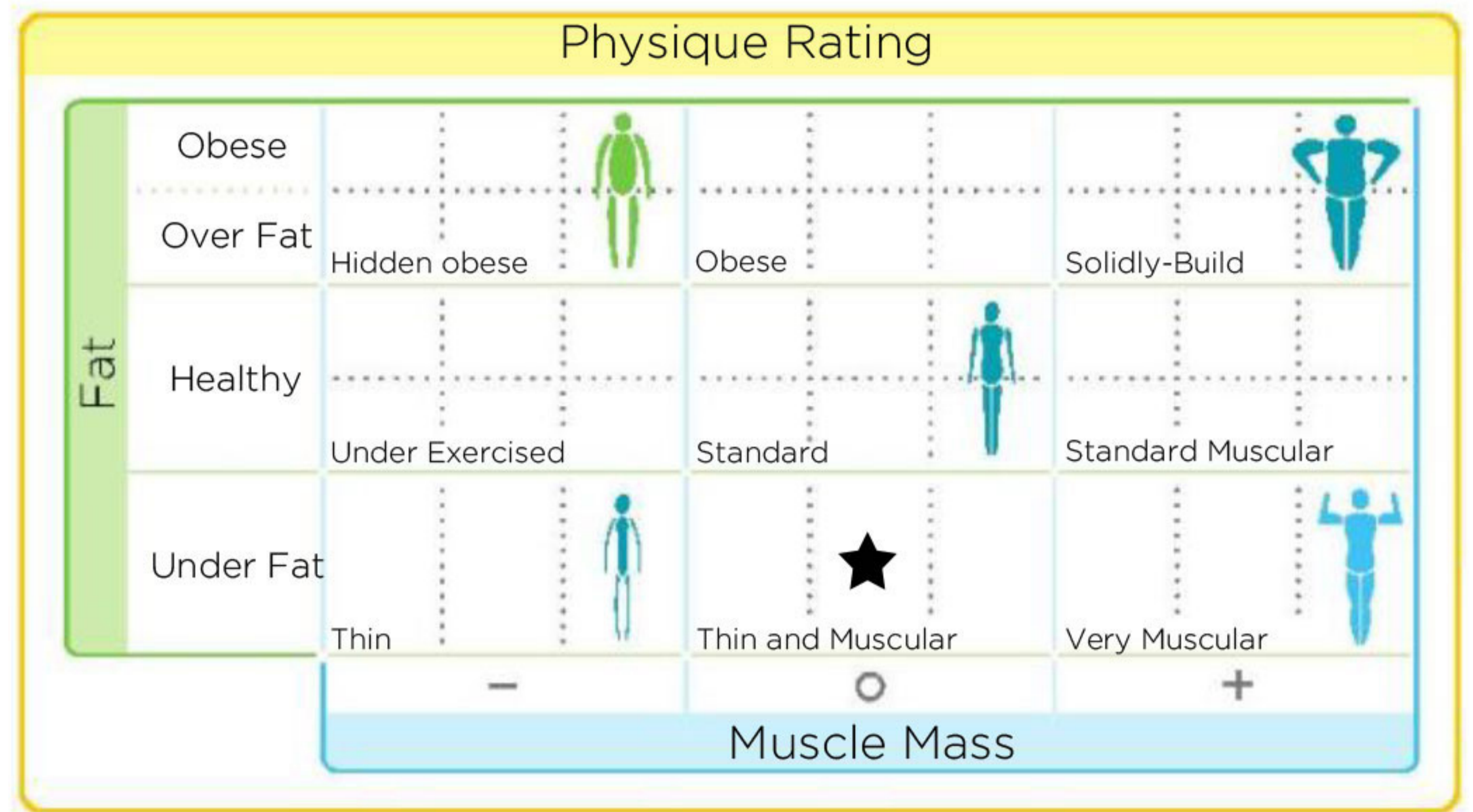
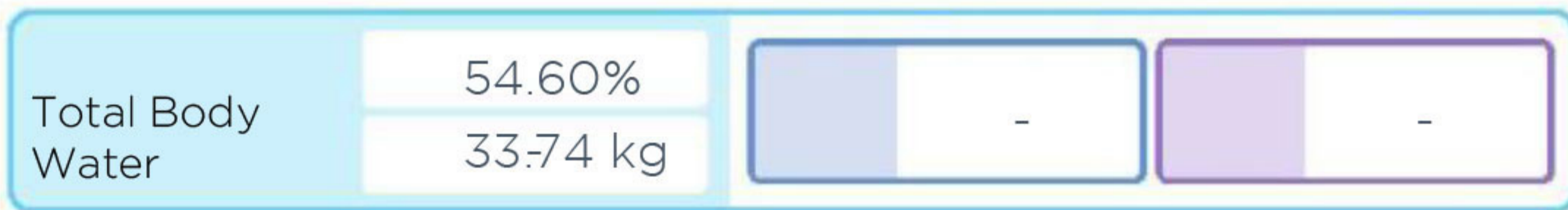
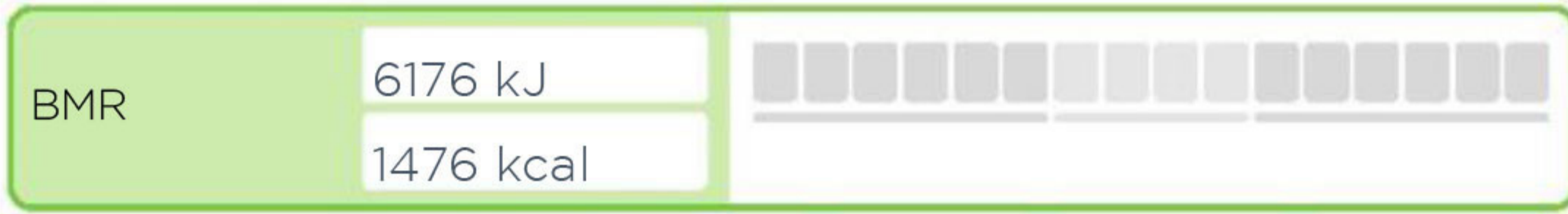
ID	15594261		
Name	Lucie	Height	165 cm
Age	28	Type	PT

Details

	Result	Normal	Target
Weight	61.8 kg	50-68 kg	-
Fat	19.50 %	21-33%	-
Fat Mass	12.05 kg		-
Fat Free Mass	49.75 kg		-
Muscle Mass	47.30 kg		-
BMI	22.70	18.5-25	-
Metabolic Age	13.00		-

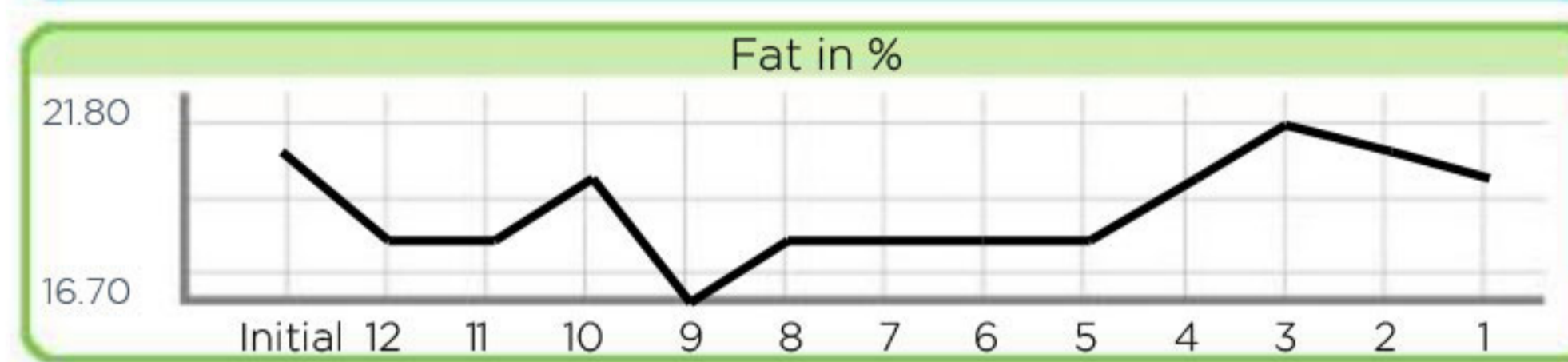
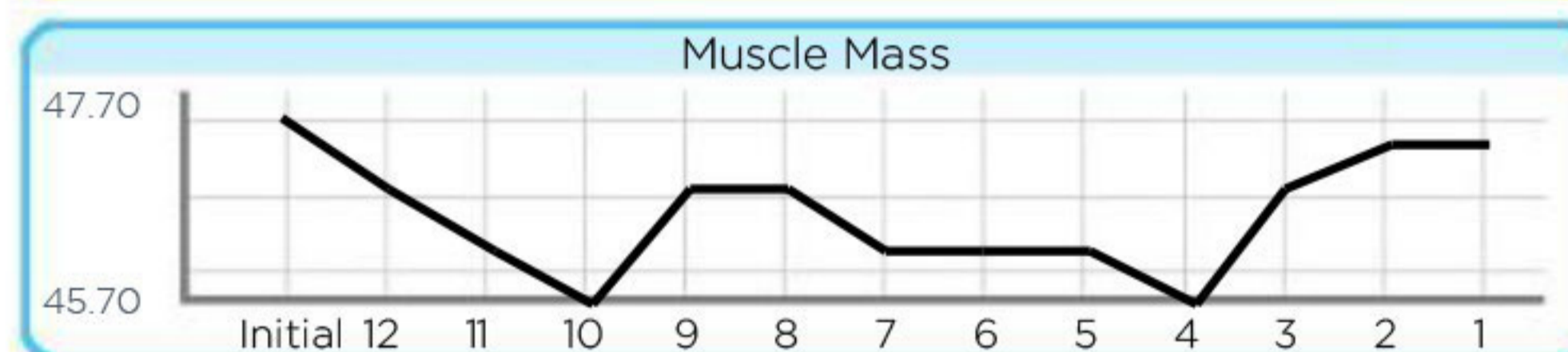
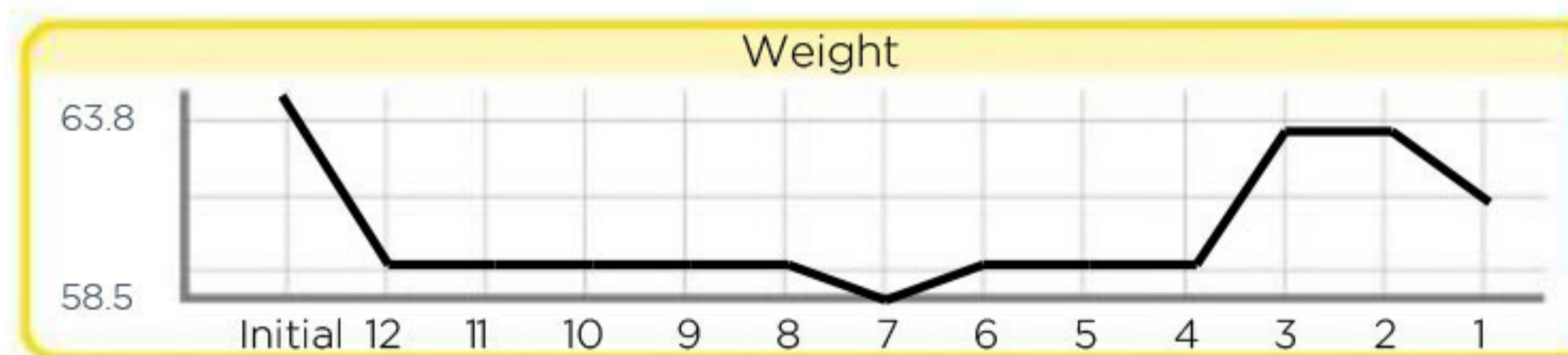


BMR - Visceral Fat Rating - TBW



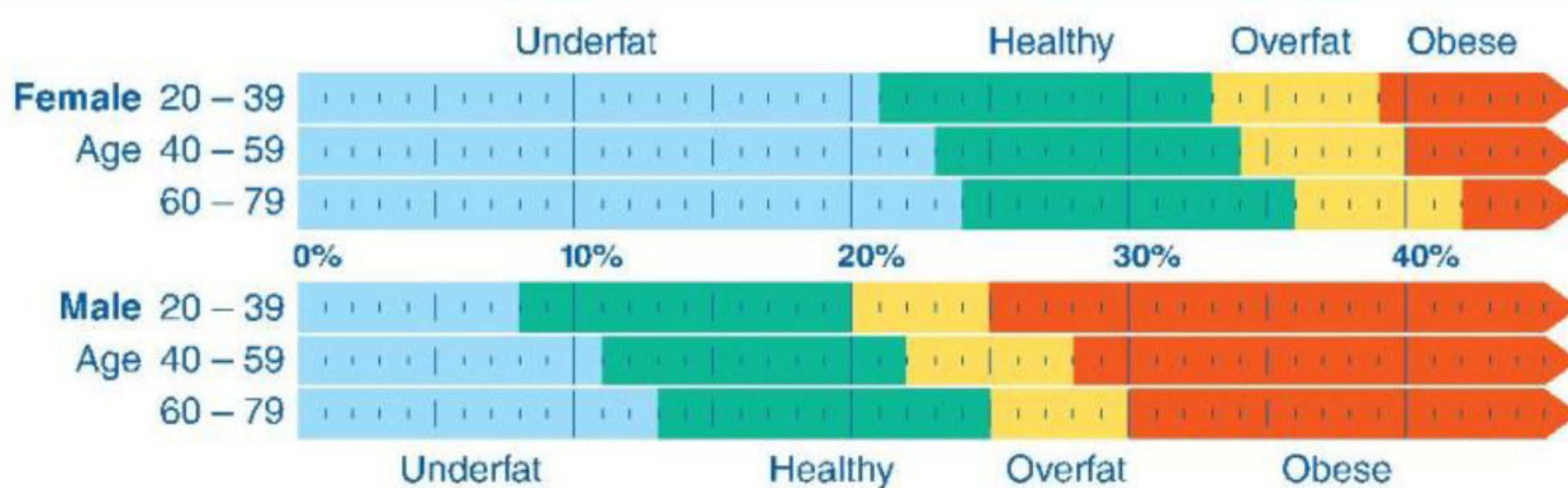
History

Date	Weight	Muscle Mass	Fat in %
24.01.2023	61.8	47.30	19.50
21.01.2023	63.3	47.30	21.30
12.01.2023	63.4	47.00	21.80
03.11.2022	59.1	45.70	18.50
03.11.2022	59.2	46.10	18.00
03.11.2022	58.7	46.30	16.80
02.11.2022	58.5	45.80	17.50
02.11.2022	59.8	47.00	17.20
01.11.2022	59.2	46.80	16.70
31.10.2022	59.3	45.70	18.80
31.10.2022	59.4	46.30	17.80
30.10.2022	59.7	46.60	17.80
Initial	63.8	47.70	21.20



Recommendations

Body Fat Ranges for Standard Adults



¹Based on NIH/WHO BMI Guidelines. ²Gallagher, et al, Am J Clin Nut 2000; 72:694-701. To determine the percentage of body fat that is appropriate for your body, consult your physician.

Remarks

Please note that people with an electronic medical implant, such as a pacemaker, should not use a Body Composition Monitor as it passes a low-level electrical signal throughout the body, which may interfere with its operation. Readings are for reference only for dialysis patients and menstruating female.